

HEALTH AND SAFETY PLAN—FALL 2022

ISSUED AUGUST 12, 2020. UPDATED AUGUST 15, 2022

The Baum School of Art's Health and Safety Plan was developed in accordance with CDC guidelines and State Health Department recommendations. We continue to monitor these guidelines and will adjust our policies as needed.

COVID-19 COMMUNITY LEVELS

COVID-19 Community Levels help individuals and communities decide which prevention actions to take based on the latest information. Each level helps convey how much COVID-19 is impacting your community using data on hospitalizations and cases. Using these data, communities are classified as low, medium, or high. For each level, CDC recommends actions you can take to help you protect yourself and others from severe impacts of COVID-19. See their website for more details: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

MASKS AND PERSONAL PROTECTIVE EQUIPMENT

Masks are currently optional at The Baum School of Art, unless an individual is required to mask following an exposure or positive case of COVID-19. In the case of an exposure, please visit the following page for more details: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>

CLEANING AND SANITIZATION

High-touch areas, public areas, and bathrooms will be cleaned and disinfected regularly. Classrooms will be cleaned and sanitized after each class. We use cleaning products that meet EPA disinfectant criteria as recommended by the CDC.

HEALTHY HYGIENE HABITS

Staff and students should observe proper cough/sneeze hygiene and handwashing techniques. Our classrooms are equipped with sinks, soap and water, as well as sanitizer that contains at least 60% alcohol throughout the facility. All students and staff must wash their hands or sanitize upon entry and exit of classroom, for restroom breaks, and as needed throughout the class.

SYMPTOMS

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with the following symptoms may have COVID-19. This list does not include all possible symptoms. See CDC's website for additions or updates to this list: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

ILLNESS POLICIES AND PROCEDURES

Employees, students, and visitors who are sick, or are required to isolate as per CDC guidelines, should stay home and monitor health. Please stay home if you have COVID-19, or are showing COVID-19 [symptoms](#). People who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea, should stay home. Testing is recommended for people with symptoms of COVID-19 as soon as possible after symptoms begin. For more information on staying home when sick with COVID-19, including recommendations for isolation and mask use for people who test positive or who are experiencing symptoms consistent with COVID-19, see [Isolate If You Are Sick](#).

Illness Reporting

HEALTH AND SAFETY PLAN—FALL 2022

ISSUED AUGUST 12, 2020. UPDATED AUGUST 15, 2022

Tell your close contacts that they may have been exposed to COVID-19. An infected person can spread COVID-19 starting 48 hours (or 2 days) before the person has any symptoms or tests positive. By letting your close contacts know they may have been exposed to COVID-19, you are helping to protect everyone.

If employees or students become sick with COVID-19 [symptoms](#), test positive for COVID-19, or are required to isolate as per CDC guidelines, they must stay home and need to notify the designated point of contacts below by phone (610.433.0032) and email:

Primary Contact - Laurie Siegfried, Director of Operations and Marketing – laurie@baumschool.org

Secondary Contact – Shannon Fugate, Executive Director – shannon@baumschool.org

Students who are registered for an in-person class and need to follow quarantine safety guidelines will be given a credit for future class.

Classroom Plan for Instructor or Student exhibiting illness and/or possible case of COVID-19

A youth student will be asked to wear a mask, isolate from the rest of the class, and a parent/guardian will be contacted to pick up the child. An adult student will be required to leave the building. All the supplies, and the areas/classroom the student was in contact with, will be sanitized. If necessary, students will be relocated to another classroom until the space is safe to re-enter.

Classroom Plan for a Positive COVID-19 Case

All the supplies, and the areas/classroom the student was in contact with, will be sanitized. In the event that an instructor or student tests positive for COVID-19, in accordance with state and local laws and regulations, school administrators will notify staff and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the [Americans with Disabilities Act \(ADA\)](#). Families of other students in the class will be notified of the confirmed case via email and/or phone call.

EXPOSURE TO COVID-19

If you were exposed to the virus that causes COVID-19 or have been told by a healthcare provider or public health authority that you were exposed, here are the steps that you should take, regardless of your vaccination status or if you have had a previous infection. Learn how COVID-19 spreads and the factors that make risk of spread higher or lower.

After Being Exposed to COVID-19, Start Precautions Immediately

Wear a mask as soon as you find out you were exposed. Start counting from Day 1

- Day 0 is the day of your last exposure to someone with COVID-19
- Day 1 is the first full day after your last exposure

Continue Precautions for 10 Full Days. You can still develop COVID-19 up to 10 days after you have been exposed

Take Precautions

- Wear a high-quality mask or respirator (e.g., N95) any time you are around others inside your home or indoors in public
- Do not go places where you are unable to wear a mask, including travel and public transportation settings.
- Take extra precautions if you will be around people who are more likely to get very sick from COVID-19.

Watch for symptoms

- Fever (100.4°F or greater); cough; shortness of breath; other COVID-19 symptoms

If you develop symptoms

- isolate immediately
- get tested
- stay home until you know the result
- If your test result is positive, follow the isolation recommendations.

Get tested on Day 6

- Get tested at least 5 full days after your last exposure
- Test even if you don't develop symptoms.
- If you already had COVID-19 within the past 90 days, see specific testing recommendations.

If you test Negative: Continue taking precautions through day 10

Wear a high-quality mask when around others at home and indoors in public
You can still develop COVID-19 up to 10 days after you have been exposed.

If you test Positive: Isolate immediately

ISOLATION

HEALTH AND SAFETY PLAN—FALL 2022

ISSUED AUGUST 12, 2020. UPDATED AUGUST 15, 2022

Regardless of vaccination status, you should isolate from others when you have COVID-19. You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have [test](#) results. If your results are positive, follow the full isolation recommendations below. If your results are negative, you can end your isolation.

If you test Negative: You can end your isolation

If you test Positive:

Follow the full isolation recommendations below.

When you have COVID-19, isolation is counted in days, as follows:

If you had no symptoms

- Day 0 is the day you were tested (not the day you received your positive test result)
- Day 1 is the first full day following the day you were tested
- If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset

If you had symptoms

- Day 0 of isolation is the day of symptom onset, regardless of when you tested positive
- Day 1 is the first full day after the day your symptoms started

Isolation

If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days. Learn more about [what to do if you have COVID-19](#).

- [Wear a high-quality mask](#) if you must be around others at home and in public.
- Do not go places where you are unable to wear a mask.
- Do not travel.
- Stay home and separate from others as much as possible.
- Use a separate bathroom, if possible.
- Take steps to [improve ventilation](#) at home, if possible.
- Don't share personal household items, like cups, towels, and utensils.
- Monitor your [symptoms](#). If you have an [emergency warning sign](#) (like trouble breathing), seek emergency medical care immediately.

Ending Isolation

End isolation based on how serious your COVID-19 symptoms were.

If you had no symptoms: You may end isolation after day 5.

If you had symptoms: You may end isolation after day 5 if:

- You are fever-free for 24 hours (without the use of fever-reducing medication)
- Your symptoms are improving
- If you still have fever or your other symptoms have not improved, continue to isolate until they improve.
- If you had [moderate illness](#) (if you experienced shortness of breath or had difficulty breathing), or [severe illness](#) (you were hospitalized) due to COVID-19, or you have a weakened immune system, you need to isolate through day 10.
- If you had [severe illness](#) or have a weakened immune system, consult your doctor before ending isolation. Ending isolation without a viral test may not be an option for you.
- If you are unsure if your symptoms are moderate or severe or if you have a weakened immune system, talk to a healthcare provider for further guidance.
- Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11. Remember to wear a high-quality mask when indoors around others at home and in public and not go places where you are unable to wear a mask until you are able to discontinue masking (see below), including public transportation and travel settings.
- Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

Removing Your Mask

After you have ended isolation, when you are feeling better (no fever without the use of fever-reducing medications and symptoms improving),

- Wear your mask through day 10.

OR

- If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.

Note: If your antigen test results are positive, you may still be infectious. You should continue wearing a mask and wait at least 48 hours before taking another test. Continue taking antigen tests at least 48 hours apart until you have two sequential negative results. This may mean you need to continue wearing a mask and testing beyond day 10.

HEALTH AND SAFETY PLAN—FALL 2022

ISSUED AUGUST 12, 2020. UPDATED AUGUST 15, 2022

SUPPLIES

In youth classes, any materials that are shared will be cleaned and disinfected after use.

Adult students are responsible for bringing their own supplies, and taking them home at the end of each class. Any materials and equipment that are shared should be cleaned and disinfected by the student after use.

STAFF AND FACULTY POLICIES

All faculty and staff are required to be fully vaccinated against COVID-19 or submit to weekly COVID-19 testing in high or substantial levels of transmission. All staff and faculty members will complete a self-screening for symptoms prior the start of their shift. All staff and faculty are required to follow the Illness Policies and Procedures outlined above.

SOURCES OF INFORMATION

Below is a list of sources used to create this document:

CDC: COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Symptoms of COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

COVID-19 by County

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

How to Protect Yourself and Others

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

What to Do If You Were Exposed to COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>

Isolation and Precautions for People with COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

Schools and Childcare Programs

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>

Operational Guidance for K-12 Schools and Early Care and Education Programs to Support Safe In-Person Learning

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-childcare-guidance.html>

Local Health Authority—Allentown City Bureau of Health

245 N 6th St, Allentown, PA 18102-4168

Phone: (610) 437-7760

<https://www.allentownpa.gov/Health-Bureau>